



**Coming Together for Better Health
and Helping Homeless Veterans
Held in Conjunction With National
Employee Health Day**

**Manchester VA
May 16th, 2018 at 12pm
rain or shine!**



**Walk, Run, Ruck or Roll
All are Welcome!**

Donations accepted for Homeless:

- Non-perishable food items
- Bug spray
- Sunscreen
- First aid supplies/kits
- Outdoor gear-tent/sleeping bags.

**Pre-register before 4/23 and re-
ceive a free event t-shirt!**

Point of contact: Emily Reisine x3622



Choose VA