

FACILITATED BY:

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FOR VETERANS AND THEIR FRIENDS & FAMILIES:

Has the road to "homecoming" and adjustment back to civilian life been harder and longer than you expected? As a spouse or family member, have you struggled with changes created by deployment and homecoming?

Join us for a weekly reading and discussion group for veterans, family members & friends of veterans

The ancient tale of Odysseus' epic 10-year journey home from the Trojan War has much to tell us about the challenges of homecoming. *The Odyssey* reveals timeless and universal truths about trauma, duty and honor, personal sacrifice, life at home, and readjustment. Veterans, current service members, family members, and close personal friends of veterans are invited to attend this 10-week reading and discussion group co-led by a veteran, clinician, and literature facilitator. The program is uses a model developed by Professor Roberta Stewart of Dartmouth College. Free copies of the book will be provided at the first session.

PORTSMOUTH PUBLIC LIBRARY

175 Parrott Avenue, Portsmouth, NH

Wednesdays, 6:30 - 8:00 pm • February 7 - April 11, 2018

This program is free and open to all veterans, family members, and friends of veterans (pre-registration required).

Register at www.nhhumanities.org/veterans

For more information, contact Dr. Kathy Mathis at New Hampshire Humanities at (603) 224-4071 or kmathis@nhhumanities.org













